

# ABH-CAFS

Professional Educational Services



# Training Opportunities

**2010**

Opportunities for those who are concerned about children, adolescents and families struggling with emotional, social and/or psychiatric problems.

A must for parents, teachers, social workers, child and youth care workers, psychologist and others in human services.

## WHO WE ARE

Professional Educational Services (PES) is a department of ABH-Child, Adolescent and Family Services (ABH-CAFS) providing training opportunities for agencies and schools working with emotionally and behaviorally challenging children and youth. Our programs meet, or exceed the standard training requirements as established by the Canadian Accreditation Council of Human Services (CAC) and Canadian Council on Health Services Accreditation (CCHSA).

Courses are taught by skilled facilitators with expertise in their particular field. Through extensive education, training and personal experience, our facilitators have developed programs sure to fulfill your needs.

New courses and services are being developed on an on-going basis in addition, group training rates are available for those interested in booking sessions for their organization.

We invite you to take a moment to read the booklet. If you have questions or wish further information about our programs, please contact our office at:

780-440-0708 extension 271 or via email at [PES@boscohomes.ca](mailto:PES@boscohomes.ca)

We look forward to hearing from you.

We are located at:

6770 – 129 Avenue

Edmonton, Alberta T5C 1V7

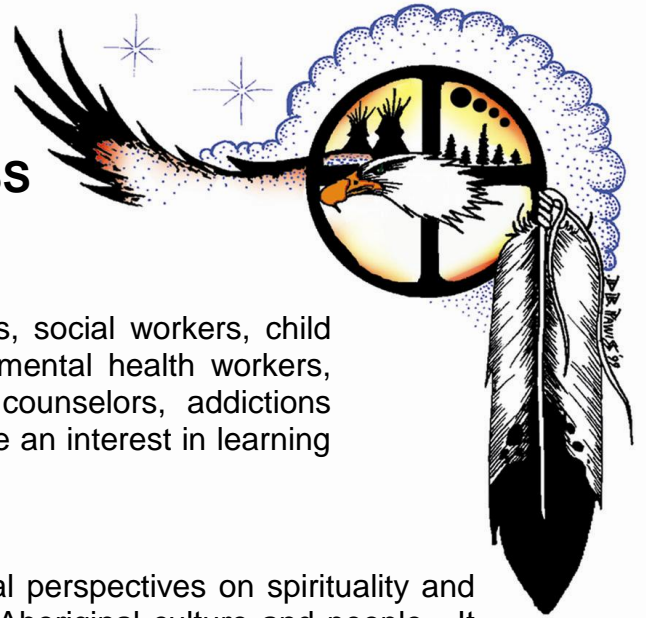
Fax: 780-440-0760

Website: [www.boscohomes.ca](http://www.boscohomes.ca)

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# ABORIGINAL CULTURAL AWARENESS



## Intended Audience:

This workshop is for teachers, educational assistants, social workers, child and youth care staff, child protection staff, nurses, mental health workers, probation officers, family support workers, career counselors, addictions counselors and foster parents. Anyone who may have an interest in learning about the Aboriginal culture is welcome.

## Content:

Our one-day workshop is an introduction to Aboriginal perspectives on spirituality and protocol. It reviews the “Do’s and Don’ts” regarding Aboriginal culture and people. It also touches on a historical decision made hundreds of years ago that still affects the Aboriginal people and society of today. This workshop meets the standards set out by the Canadian Accreditation Council of Human Services (CAC) and Canadian Council on Health Services Accreditation (CCHSA). This certification is valid for 1 year.

## Never Taken Course Dates

Wednesday, February 17  
Wednesday, April 7  
Wednesday, June 30

Wednesday, August 18  
Wednesday, October 27

Completion of the **Never Taken** workshop is a pre-requisite for the **Taken Before** workshop.

## Taken Before Dates (must have taken this course before)

Wednesday, January 27  
Saturday, February 20  
Wednesday, March 31  
Wednesday, April 21  
Wednesday, May 19  
Saturday, June 19

Wednesday, July 28  
Wednesday, August 25  
Wednesday, September 29  
Saturday, October 23  
Wednesday, November 24  
Wednesday, December 15

**Time:** 9:00 am – 5:00 pm

**Location:** 6770 – 129 Avenue, Edmonton, AB T5C 1V7

**Cost:** \$45

**Facilitators:** Kathy McKinnon, Gail Delorme



## FIRST AID/CPR

### **Intended Audience:**

This workshop is for teachers, educational assistants, social workers, child and youth care staff, medical personnel, mental health workers, probation officers, family support workers and anyone who is interested in learning valuable skills that could save a life.

This two-day workshop's practical side is led by a certified instructor and complimented with training manual exercises. This certification is valid for 3 years.

### **Learning Objective:**

To participate in an interactive, hands-on learning environment in order to gain knowledge in the areas of Standard First Aid/CPR Level C. You will also gain understanding in such areas as:

- Scene Management
- Choking Management
- Shock Management
- One and Two Rescuer CPR
- Illness Assessment
- Continuing Primary Circle of Care
- Injury Assessment
- Introduction to AED

### **Two Day Dates:**

Thursday & Friday, January 14 & 15  
Wednesday & Thursday, February 3 & 4  
Tuesday & Wednesday, March 2 & 3  
Saturday & Sunday, April 10 & 11  
Monday & Tuesday, May 3 & 4  
Tuesday & Wednesday, June 1 & 2

Wednesday & Thursday, July 14 & 15  
Saturday & Sunday, August 14 & 15  
Tuesday & Wednesday, September 14 & 15  
Thursday & Friday, October 21 & 22  
Tuesday & Wednesday, November 9 & 10  
Saturday & Sunday, December 11 & 12

**Time:** 8:00 am – 5:00 pm

**Location:** 6770 – 129 Avenue, Edmonton, AB T5C 1V7

**Cost:** \$95

**Facilitators:** Blain Clouthier, Dee Gerro, Dominic Hill



## **SUICIDE INTERVENTION TRAINING**

### **Intended Audience:**

This workshop is for teachers, educational assistants, social workers, child and youth care staff, child protection staff, nurses, mental health workers, probation officers, family support workers, career counselors, addictions counselors, foster parents, policing and security personnel. Everyone is welcome, whether your interest is casual or professional. Once the one day workshop is completed, the one day recertification is required every 3 years prior to the expiry date on the previous certificate.

### **Learning Objectives:**

- To recognize that persons at risk are affected by personal and societal attitudes about suicide.
- To identify factors that indicate the risk of suicide.
- To understand how to discuss suicide with a person at risk.
- To demonstrate the skills required to intervene with a person at risk of suicide.
- To identify the resources, including themselves, available to a person at risk of suicide.
- To gain commitment to help coordinate social support resources for persons at risk of suicide.

### **One Day Dates:**

Tuesday, January 5  
Monday, February 1  
Saturday, March 6  
Thursday, April 8  
Thursday, May 6  
Friday, June 18

Saturday, July 10  
Wednesday, August 4  
Wednesday, September 1  
Friday, October 1  
Saturday, November 6  
Wednesday, December 1

**Time:** 9:00 am – 5:00 pm

**Location:** 6770 – 129 Avenue, Edmonton, AB T5C 1V7

**Cost:** \$75

**Facilitators:** Blain Clouthier, Dr. Shawn Reynolds, Sue Shaw, Delia Eaves



## CRISIS INTERVENTION & NON-ABUSIVE RESTRAINT

PRESENTED BY THE CANADIAN INSTITUTE FOR CRISIS INTERVENTION TRAINING  
(CICIT)

### Intended Audience:

This workshop is for teachers, educational assistants, social workers, child and youth care staff, child protection staff, nurses, mental health workers, probation officers, family support workers, career counselors, addictions counselors, foster parents, students in child and youth care, policing and security programs. This certification is valid for 3 years.

### Learning Objectives:

**Prevention** – This component of the program requires participants to evaluate their own reactions to verbal and physical aggression. In addition, participants will assess their approach to individuals who are aggressive and challenging.

**De-escalation** – Techniques provide participants with training in verbal and non-verbal intervention for defusing and stabilizing an escalating situation in a non-threatening manner.

**De-briefing** – Trains participants to process the incident with the individual and teach alternative behaviors. This component includes an outline for de-briefing strategies for clients and staff.

**Physical Interventions** – This includes escorts and control techniques. All techniques allow for maximum control and safety of the individual and the staff performing the intervention.

**Personal Safety** – Participants will learn how to protect themselves in situations where they are at imminent risk of injury. All techniques are meant to maximize safety for the participants and to control, not injure, their assailant.

### Two Day Dates:

Saturday & Sunday, January 23 & 24

Thursday & Friday, February 18 & 19

Monday & Tuesday, March 17 & 18

Thursday & Friday, April 22 & 23

Saturday & Sunday, May 15 & 16

Monday & Tuesday, June 14 & 15

Monday & Tuesday, July 12 & 13 - full

Thursday & Friday, August 19 & 20 - full

Saturday & Sunday, September 25 & 26

Monday & Tuesday, October 25 & 26

Monday & Tuesday, November 29 & 30

Monday & Tuesday, December 13 & 14

**Time:** 8:30am – 4:30 pm

**Location:** 6770 – 129 Avenue, Edmonton, AB T5C 1V7

**Cost:** \$125

**Facilitators:** Bruce Armson, Blain Clouthier, Dominic Hill, Carol Hrenyk, Bill Killinger

## OUR PRESENTERS

**Bruce Armson** has a Diploma in Child and Youth Care from Grant MacEwan Community College and is trained in Mediation and Conflict Resolution. He has over 20 years of experience working with youth in a variety of settings. Bruce developed Non-Abusive Crisis Intervention and has been teaching it for over eleven years. He has over 25 years of training in the Martial Arts. Through this training, Bruce developed a high level of knowledge in body kinesiology and physical interventions, which has been incorporated into the Crisis Intervention training program to provide safe and painless interventions and control techniques. Bruce is the Director of Group Care Services at Bosco Homes.

**Dr. M. Blackman**, MA, MB, MRCPsych, FRCPC, DABFE, DABFM, is Bosco Homes' Clinical Director. He is a Clinical Professor at the University of Alberta and widely published in his field. He has over 20 years of experience working with children and adolescents in both outpatient and inpatient settings and in providing clinical research and consultation services within multi-disciplinary team settings.

**Blain Clouthier**, B.P.E., has been teaching First Aid/CPR with Bosco Homes for 9 years. He is a certified First Aid/CPR instructor with EMP Canada and is certified as an Emergency Medical Responder. He is a certified Crisis Intervention Non-Abusive Restraint instructor with the Canadian Institute For Crisis Intervention Training (CICIT). As well he is a certified trainer with the Therapeutic Crisis Intervention (TCI). His duties involve the presentation of workshops for: First Aid/CPR, Crisis Intervention Non-Abusive Restraint, Suicide Intervention and Defensive Driving . Blain is the Staff Training Coordinator for Bosco Homes.

**Dee Gerro** has a Diploma in Correctional Services and is the Intake Coordinator for Bosco Homes. She has worked with intensive clients for eight years as well as with Animal Assisted Therapy Program. Dee is also on the peer review of the Canadian Accreditation Council of Human Services. She has been an instructor for the First Aid/CPR courses at Bosco Homes for several years.

**Carol Hrenyk**, B.A., received her degree in Child and Youth Care Counseling from the University of Victoria and has over 19 years of experience in the child care field. In the Yukon, Carol managed the Children's Receiving and Assessment Home and also worked for Child Abuse Treatment Services. In Alberta, Carol has worked as a counselor on the Alexis Reserve, YYC, as well as a Mental Health Therapist for CASA. She has been with Bosco Homes for over ten years as a House Manager and is now the Coordinator of Group Care & Psychological Services. Carol is also a trainer for the Crisis Intervention Non-Abusive Restraint workshops.

**Dominic Hill** has a diploma in Child and Youth Care Services from Success College in Halifax, Nova Scotia. Dominic has been working as a child and youth care worker for over ten years. Specializing in Remote Wilderness Therapy, Dominic teaches survival skills to youth ages 12 to 18 years, along with being an instructor for the Crisis Intervention Non-Abusive Restraint and First Aid/CPR workshops.

**Sheldon Hughes** is a Cree from the Slave Lake Area. He has worked extensively in the Child and Youth Care field in front line and management/supervisory capacities, and has helped develop Aboriginal programming for Alberta's Kids in Care. Sheldon has worked in the Aboriginal political realm for the last 10 years, becoming heavily involved in such areas as First Nations Governance, Economic Development, Membership, Treaty Implementation, Social Development and Representative Organization Development. Sheldon has a strong background in Aboriginal Cultural understanding and Community Development and shares teachings from a Cree perspective.

**Bill Killinger** has worked with children at risk in a variety of settings for ten years and has instructed Crisis Intervention Non Abusive Restraint for over three years. Bill is trained in addictions counseling through the Nechi Institute and is an assistant instructor at the Real Self Defense Centre located in Edmonton, Alberta.

**Kathy McKinnon**, B.A., major Psychology, minor Native Studies is from the Gwich'in Nation (Aklavik, NWT). She also attended the University of New South Wales in Sydney, Australia as part of an Aboriginal Exchange Program. Kathy is active in the Aboriginal community and sits on various Aboriginal boards. She has worked with educational communities such as: the University of Alberta, Gran MacEwan Community College, Nova Corporation and the Native Counseling Services of Alberta. Kathy is the Director of Aboriginal Services for Bosco Homes.

**Sue Shaw**, MA. RSW. Has worked as a social worker and therapist with children, families and adults in Edmonton for over 25 years. She training with the ASIST program and has been conducting Suicide Intervention training in Northern Alberta and NWT since 1997.

# TESTIMONIALS

## Aboriginal Culture and Awareness Workshop

“Loved her ability to share from her past and her excitement to the future.”

S. Anhorn

“I thoroughly enjoyed all aspects of the workshop. The instructor is very knowledgeable and provides many interesting anecdotes that make the day very enjoyable and worthwhile.”

C. Brandt

“I always look forward to Kathy’s workshops. They are very interesting and she makes it enjoyable.”

K. Erison

“I really enjoyed the course, it was informative and effective. Kathy was a joy to listen to.”

J. Fulks

“I like how open the facilitator was with sharing her own life.”

D. Harris

“Appreciate the openness and the comfortable sharing atmosphere that was created.”

A. Mensink

“I really enjoyed Kathy’s stories and learning the difference between cultures; such as what is respectful and disrespectful.”

S. Thiele

“The instructor was excellent, clear and knowledgeable. The course was well presented.”

V. D’Silva

“I like Kathy. Her sharing of herself made this one of the best courses I’ve taken in a long time.”

L. Flanders

“Kathy was an excellent presenter. Genuine, real, knowledgeable. Will highly recommend her to others.”

S. Joevenazzo

# TESTIMONIALS

## Crisis Intervention and Non-Abusive Restraint Workshop

“Good, interesting, the course increased my knowledge and confidence.”

A. Albert

“The instructor was very knowledgeable about everything. Wish there were more male role models like him in this field.”

A. Dustyhorn

“The instructor was very informative, helpful and easy to learn from.”

V. Gladue

“Dominic was great. His knowledge and experience helped me a lot. You can tell he really cares.”

S. Lafreniere

“Enjoyed the exercises a lot, the instructor made me feel comfortable and relaxed.”

A. Moosepayo

“The teacher was great. He was very motivational and was patient and made it fun. Also he had lots of great tips and knowledge.”

J. Sordyl

“Everything was great and presented very professionally.”

B. Swampy

“Have taken this workshop a couple of times and learn new things every time.”

C. Schell

“Having previous experience in this industry, I really wished I had learned this before. Very effective and really realistic. I feel way more prepared.”

J. Hendricks

“Instructor was very knowledgeable and was able to present info in very effectively in a real work/world setting.”

D. Powell

# TESTIMONIALS

## Suicide Intervention Workshop

“It was informative and not overwhelming.”

K. Harfield

“Very well done. Kept it interesting.”

J. Kuepfer

“It’s very insightful on what to look for and how to deal with situations. I enjoyed the course.”

J. Cardinal

“It was well presented and very informative, it was a great learning experience. I think the way of presenting worked very well as it included everyone in the room and kept everyone attentive.”

L. Slobodian

“Good helpful handouts. Good mix of activities throughout, ie. handout, group work, videos. I feel like I am more able to handle a situation if needed.”

S. Bertschi

“Excellent presentation overall. Liked the different styles of learning. Made the learning fun, allowed us all to share.”

K. Collister

“I like the scenarios being done in small groups, rather than in front of a large group. One of the best presenters I have had on this topic.”

A. Malin

“Blain’s sense of humour really helped take the uneasiness that surrounds the topic of suicide away.”

V. McGee

“The facilitator did an excellent job delivering the program. Liked how he discussed everything.”

E. Jackson

# TESTIMONIALS

## First Aid/CPR Workshop

"I found this training to be much more useful, hands on and straight forward skills compared to another First Aid course I took 3 years ago."

J. Deren

"Great class, awesome instructor and am glad first aid is now simplified so many more people may utilize it in an emergency situation."

B. Larson

"Relaxed atmosphere, conversational, friendly, yet professionally conducted class."

K. Smith

"Very good course; excellent instruction and good group. Lots of good information."

S. Greenaway

"The course was good and a lot was taught. I liked all of the hands on that we did."

C. Laviolette

"I really learned a lot with this course and I 'm more confident."

B. Mitchell

"Instructor was great in teaching, presenting material and hands-on skills. I enjoyed the class."

M. Kallon

"The instructor was very good at answering any questions we had and explaining the different concepts and scenarios."

C. Jones

"I really enjoyed this class, nice and relaxed and I felt I learned a lot!"

A. Ginther

"Excellent instruction and materials."

T. Prusko

## REGISTRATION INFORMATION

If you have questions with regard to any of the Training Opportunities 2010 information, please do not hesitate to call 780-440-0708, extension 271.

### Payment Options

- Payment for the workshop must be received prior to the workshop.
- Cheques for registration for [Aboriginal Culture Awareness](#) and [Suicide Intervention](#) can be made payable to **ABH-CAFS** and may be mailed to, or dropped off at, our office located at: 6770 – 129 Avenue, Edmonton, AB, T5C 1V7
- Cheques for registration in the [Crisis Intervention and Non-Abusive Restraint workshop](#) can be made payable to **Canadian Institute For Crisis Intervention Training** and may be mailed to, or dropped off at, our office located at: 6770 – 129 Avenue, Edmonton, AB, T5C 1V7
- CASH(exact amount), INTERAC or CREDIT CARD payments may be made by visiting our office weekdays between 8:30 am to 12:00 pm and 1:00 pm to 4:00 pm.

CREDIT CARD (VISA and MasterCard only) payments may also be completed by phone – simply call 780-440-0708 extension 271.

- Agencies or organizations can arrange [invoicing](#) by calling 780-440-0708 extension 271.

### Cancellation Policy

All sessions have limited registration. However, due to speaker and venue guarantees, presentation of all workshops will be dependent upon adequate registration.

If a participant withdraws from a workshop 5 or more business days prior to the workshop, a full refund will be issued.

If a participant withdraws between 2-5 business days prior to the workshop, a \$25 cancellation fee will apply.

If the participant withdraws less than 2 business days or is absent from the workshop, no refund will be issued.

### Facility

We will come to your facility, or workshops can be booked, if available, at no extra cost at the following facility:

Bosco Homes  
6770 129 Avenue, Edmonton, Alberta T5C 1V7

# REGISTRATION FORM

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Participant's Name

---

Agency's Name

---

Participant's Address

---

City

Province

Postal Code

---

Worker Number

Home Number

Cell Number

---

Name of Workshop #1

---

Date of Workshop

---

Name of Workshop #2

---

Date of Workshop

---

Name of Workshop #3

---

Date of Workshop

Due to limited number in the workshop please email ([pes@boscohomes.ca](mailto:pes@boscohomes.ca)) to confirm registration

**INVOICE**  
**(Please Invoice my Agency)**

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Agency's Name

---

Address

---

City

Province

Postal Code

---

Contact Person

Phone Number

Fax Number

**Credit Card (Required Information)**

---

Customer's Name

---

Address

---

City

Province

Postal Code

---

Customer's Phone Number

Type of Card

Visa

MasterCard

---

Credit Card Number

---

Expiry Date of Card

---

Signature